

# This Week's Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>	Dinner: <input type="checkbox"/>

Notes:

*"Family dinners should be planned with as much thought  
and care as company dinners."*

*(Better Homes and Gardens Cook Book, 1946)*