

SU M TU W TH F SA

# DAILY PEEK

*top six:*

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- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*workout:*

\_\_\_\_\_

*in the kitchen:*

BREAKFAST: \_\_\_\_\_ OTHER: \_\_\_\_\_

LUNCH: \_\_\_\_\_

DINNER: \_\_\_\_\_

*to do:*

\_\_\_\_\_

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*bless this home:*

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*bless this family:*

*jays today:*