

Single Mom Budget Sanity Worksheet

Creating Calm out of Chaos on One Income!



Master Spending List			
Category	Monthly Spending Allowance		
	Budgeted	Actual	Remaining Balance
Net Monthly Income			
Security (15% of Income)	\$ -		\$ -
Savings			
Insurance			
Retirement			
Debt Repayment			
Shelter (30% of Income)	\$ -	\$ -	\$ -
Rent			
Insurance			
Household Expenses (bills, etc.)			
Furnishings			
Sustenance (15% of Income)	\$ -	\$ -	\$ -
Food (Groceries/Take Out/Dining)			
Healthcare			
Fitness			
Self/Family (15% of Income)	\$ -	\$ -	\$ -
Clothing			
Personal Care			
Transportation			
Education			
Allowances			
Social (8% of Income)	\$ -	\$ -	\$ -
Outings/Events			
Group Activities			
Communications			
Society (10% of Income)	\$ -	\$ -	\$ -
Charity			
Religious Contribution			
Soul (7% of Income)	\$ -	\$ -	\$ -
Dreams			
Wishes			
Desires			
<i>*Find the combination that works for you based on net income</i>			