Setting Goals

MY PRIORITIES

1.

2.

3.

4.

5.

6.

When I feel like giving up, I will tell myself...

GOAL:_____
Action Steps:
1.

2.

3.

DEADLINE:_____

GOAL:_____
Action Steps:
1.

2.

3.

DEADLINE:_____

GOAL:_____
Action Steps:
1.

2.

3.

DEADLINE:_____

GOAL:_____
Action Steps:
1.

2.

3.

DEADLINE:_____

GOAL:_____
Action Steps:
1.

2.

3.

DEADLINE:_____