

# AGE-APPROPRIATE CHORES for KIDS

Use this list as a reference to decide which chores would be best for your children. Remember that these are just suggestions and each child develops at their own pace. When children master one category of chores, ease them into the next by adding one or two new chores at a time.

## Ages 2-3

- Dress themselves
- Put dirty clothes in hamper
- Pick up toys
- Help dust
- Help throw clothes into washer/dryer
- Help weed the garden or around the house
- Feed pets

## Ages 4-5

*All previous chores +*

- Make bed
- Get their own drinks
- Put dirty dishes in the dishwasher
- Empty smaller garbage cans around the house into larger garbage
- Set table
- Water plants
- Bring mail in the house
- Use hand brush and dustpan to clean up small messes (crumbs, etc.)
- Give pets water
- Help sort socks, underwear, etc.

## Ages 6-8

*All previous chores +*

- Lay out clothes for next day
- Shower on own
- Vacuum and sweep floors
- Retrieve any packages from outside of front door
- Fold own laundry and put away in room
- Assist with outdoor work (shoveling the snow, raking, sweeping)
- Shake out rugs
- Make basic meals (sandwiches, heat leftovers in microwave, etc.)

## Ages 9-11

*All previous chores +*

- Wash/dry all family members' clothes
- Start teaching younger siblings how to do
- Wipe down bathroom counters, tub and toilet
- Assist with adding items to shopping list that are needed for the home
- Clean mirrors
- Mop/scrub floors
- Take garbage/recycling out to curb

## Ages 12+

*All previous chores +*

- Make meals and help with family meal planning
- Clean bathrooms
- Early job exploring (neighborhood odd jobs, babysitting, volunteering)