

# FREE PRINTABLE WEEKLY MENU

**WEEKLY MENU**

MONDAY	TUESDAY	Shopping List
Main Course	Main Course	
Side Dish	Side Dish	
Vegetable	Vegetable	
Other	Other	
WEDNESDAY	THURSDAY	
Main Course	Main Course	
Side Dish	Side Dish	
Vegetable	Vegetable	
Other	Other	
FRIDAY	SATURDAY	
Main Course	Main Course	
Side Dish	Side Dish	
Vegetable	Vegetable	
Other	Other	
SUNDAY	NOTE	
Main Course		
Side Dish		
Vegetable		
Other		



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