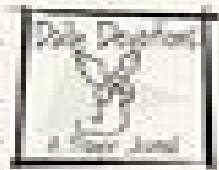


Day _____ Date: _____



The weather today _____

Today I feel: _____

Today I am grateful for: _____

Inspiration, prayer, scriptures, quotes: _____

I said a special prayer for: _____

Prayer(s) answered (comfort, peace, love and miracles): _____

Deeds of the Heart (acts of kindness, sharing, caring, and forgiveness): _____

What I would like to see happen tomorrow (goals, ideas, etc.): _____