## Weight Watchers Point Tracker

	<i>U</i>								
	MEAL/ DRINKS	Points		MEAL/ DRINKS	Points		MEAL/ DRINKS	Points	
SUNDAY			MONDAY			TUESDAY			
SL			Σ			2			
	MEAL/ DRINKS	Points		MEAL/ DRINKS	Points		MEAL/ DRINKS	Points	
WEDNESDAY			THURSDAY			FRIDAY			
	MEAL/ DRINKS	Points	1/otes						
SATURDAY									