/		
Patient name:		

INTAKE & VOIDING DIARY

_Examples of entries

DATE	≣:				
TIME	Amount voided (in ccs)	LEAK Volume 1 = drops/ damp 2 = wet-soaked 3=bladder emptied	Activity during leak	Was there an urge?	Fluid intake (Amount in ounces/type)
7:00a	250 cc	2	Running	Ϋ́εs	
7:30a					8 oz./Herbal tea

INSTRUCTIONS:

- 1. Begin recording upon rising in the morning-continue for a full 24 hours.
 2. Record separate times for voids, leaks and fluid intake.
 3. Measure voids in "cc's" using the hat.
 4. Measure fluid intake in ounces.
 5. When recording a leak please indicate the volume ("1,2, or 3"), your activity during the leak, and if you had an urge ("yes" or "no")

DATE:

TIME	Amount voided (in ccs)	LEAK Volume 1 = drops/ damp 2 = wet-soaked 3=bladder emptied	Activity during leak	Was there an urge?	Fluid intake (Amount in ounces/ type)