

CLINICAL NOTE

Date: \_\_\_\_\_ Client Name: \_\_\_\_\_

SEEN: \_\_\_\_\_ Individual \_\_\_\_\_ Couple \_\_\_\_\_ Collateral \_\_\_\_\_ Family \_\_\_\_\_ with Father \_\_\_\_\_ with Mother \_\_\_\_\_ Other \_\_\_\_\_  
Failed Apt: \_\_\_\_\_ Therapist Cancel \_\_\_\_\_ Client Cancel \_\_\_\_\_ No Show

MENTAL STATUS:

Orientation: \_\_\_\_\_ Person \_\_\_\_\_ Place \_\_\_\_\_ Time/Situation Self-Perception: \_\_\_\_\_ WNL \_\_\_\_\_ Depersonalization \_\_\_\_\_ Derealization  
Insight: \_\_\_\_\_ WNL \_\_\_\_\_ Impaired: Minimal \_\_\_\_\_ Moderate \_\_\_\_\_ Severe Judgment: \_\_\_\_\_ WNL \_\_\_\_\_ Impaired: \_\_\_\_\_ Minimal  
\_\_\_\_\_ Moderate \_\_\_\_\_ Severe

Appearance: \_\_\_\_\_ WNL \_\_\_\_\_ Well-groomed \_\_\_\_\_ Unkempt \_\_\_\_\_ Dirty \_\_\_\_\_ Meticulous \_\_\_\_\_ Unusual

Behavior: \_\_\_\_\_ WNL \_\_\_\_\_ Guarded \_\_\_\_\_ Withdrawn \_\_\_\_\_ Provocative \_\_\_\_\_ Hostile \_\_\_\_\_ Impulsive \_\_\_\_\_ Uncooperative  
\_\_\_\_\_ Suspicious \_\_\_\_\_ Manipulative \_\_\_\_\_ Hypoactive \_\_\_\_\_ Belligerent \_\_\_\_\_ Hyperactive \_\_\_\_\_ Cooperative \_\_\_\_\_ Pleasant  
\_\_\_\_\_ Under-the-influence

Speech: \_\_\_\_\_ WNL \_\_\_\_\_ Delayed \_\_\_\_\_ Soft \_\_\_\_\_ Loud \_\_\_\_\_ Slurred \_\_\_\_\_ Excessive \_\_\_\_\_ Pressured \_\_\_\_\_ Perseveration  
\_\_\_\_\_ Incoherent

Affect: \_\_\_\_\_ WNL \_\_\_\_\_ Congruent \_\_\_\_\_ Incongruent \_\_\_\_\_ Labile \_\_\_\_\_ Expansive \_\_\_\_\_ Constricted \_\_\_\_\_ Blunted \_\_\_\_\_ Flat

Mood: \_\_\_\_\_ Euthymic \_\_\_\_\_ Euphoric \_\_\_\_\_ Irritable \_\_\_\_\_ Fearful \_\_\_\_\_ Anxious \_\_\_\_\_ Dysphoric \_\_\_\_\_ Angry \_\_\_\_\_ Sad  
\_\_\_\_\_ Hurt \_\_\_\_\_ Shame

Insight: \_\_\_\_\_ WNL \_\_\_\_\_ Limited/Concrete \_\_\_\_\_ Impaired \_\_\_\_\_ Lacking

Judgment: \_\_\_\_\_ WNL \_\_\_\_\_ Critical \_\_\_\_\_ Logical \_\_\_\_\_ Impaired

Thought Process: \_\_\_\_\_ Organized \_\_\_\_\_ Disorganized \_\_\_\_\_ Goal Directed \_\_\_\_\_ Irrational \_\_\_\_\_ Rigid \_\_\_\_\_ Obsessive \_\_\_\_\_ Tangential  
\_\_\_\_\_ Circumstantial \_\_\_\_\_ Preoccupied \_\_\_\_\_ Loosening of Associations \_\_\_\_\_ Blocked \_\_\_\_\_ Flight of Ideas  
\_\_\_\_\_ Memory Impairment ( \_\_\_\_\_ Recent \_\_\_\_\_ Remote )

Thought Content: \_\_\_\_\_ Relevant Hallucinations: \_\_\_\_\_ Not Present \_\_\_\_\_ Auditory \_\_\_\_\_ Visual \_\_\_\_\_ Mood Congruent  
\_\_\_\_\_ Mood Incongruent Other: \_\_\_\_\_  
\_\_\_\_\_ Reality Based Delusions: \_\_\_\_\_ Not Present \_\_\_\_\_ Persecutory \_\_\_\_\_ Erotomanic \_\_\_\_\_ Grandiose \_\_\_\_\_ Somatic  
\_\_\_\_\_ Paranoid \_\_\_\_\_ Jealous \_\_\_\_\_ Reference  
\_\_\_\_\_ Being Controlled \_\_\_\_\_ Persecutory \_\_\_\_\_ Thought Broadcasting \_\_\_\_\_ Thought Insertion \_\_\_\_\_ Mood Congruent  
\_\_\_\_\_ Mood Incongruent Other: \_\_\_\_\_

Sleep: \_\_\_\_\_ WNL \_\_\_\_\_ Impaired \_\_\_\_\_ Difficulty Initiating \_\_\_\_\_ Early Waking \_\_\_\_\_ Excessive \_\_\_\_\_ Fatigue

Appetite: \_\_\_\_\_ WNL \_\_\_\_\_ Increased \_\_\_\_\_ Decreased

Risk Assessment: Suicidal Ideation: \_\_\_\_\_ No Evidence \_\_\_\_\_ Denied \_\_\_\_\_ No Intent \_\_\_\_\_ Death Wishes  
\_\_\_\_\_ Plan: \_\_\_\_\_

Homicidal Ideation: \_\_\_\_\_ No Evidence \_\_\_\_\_ Denied \_\_\_\_\_ No Intent \_\_\_\_\_ Plan: \_\_\_\_\_

ETOH/Substance Use: \_\_\_\_\_ No Evidence \_\_\_\_\_ Denied \_\_\_\_\_ Social ETOH \_\_\_\_\_ Other : \_\_\_\_\_  
\_\_\_\_\_ Abuse \_\_\_\_\_ Dependence