

The image shows a handwriting practice sheet with ten rows of dotted uppercase letters on a three-line grid. The letters are arranged as follows:

- Row 1: J J J J J J J
- Row 2: K K K K K K K
- Row 3: L L L L L L L
- Row 4: M M M M M M M
- Row 5: N N N N N N N
- Row 6: O O O O O O O
- Row 7: P P P P P P P
- Row 8: Q Q Q Q Q Q Q
- Row 9: R R R R R R R