

GOAL SETTING FOR 2014

MONEY MATTERS

How is my current income? In what ways can I make this increase?

How is my savings account? In what ways can I save more money this year?

How much debt do I have? In what ways can I eliminate a sizeable portion of it?

Am I giving regularly? If not, in what way can I give financially this year?

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career

What are my career goals in 2014? What level do I want to reach in my career?

What changes could I make in the coming year that would help me reach my career goals?

What knowledge do I need to acquire? What information and skills will I need to achieve my career goals? What training programs do I want to follow?

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SOCIAL RELATIONSHIPS

How do I like to grow in relating to my friends in 2014?

Who are people that I admire? What are some practical ways I can positively use their example?

What are my relationships in my life? What will I do this year to make these relationships stronger?

Who in my life that needs some encouragement? What will I do to encourage them?

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PERSONAL GROWTH

What do I want to accomplish this year on a personal level?

What is my strategy to achieve my personal growth goal?

What different skills are needed for my overall personal growth goal?

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PHYSICAL AND MENTAL HEALTH

How do I want to be healthier by December of 2014?

What daily choices I can add to my life that will improve my health?

What resources I would need to help me improving my health?

What could prevent me from improving my health in 2014?

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FAMILY LIFE

How do I want my couple to strengthen our relationship?

How do I want to relate with my partner in 2014?

How do I want to contribute to the house working for my family? What changes do I want to make to this?

What is my goal for 2014? Write it in your mind for this year.