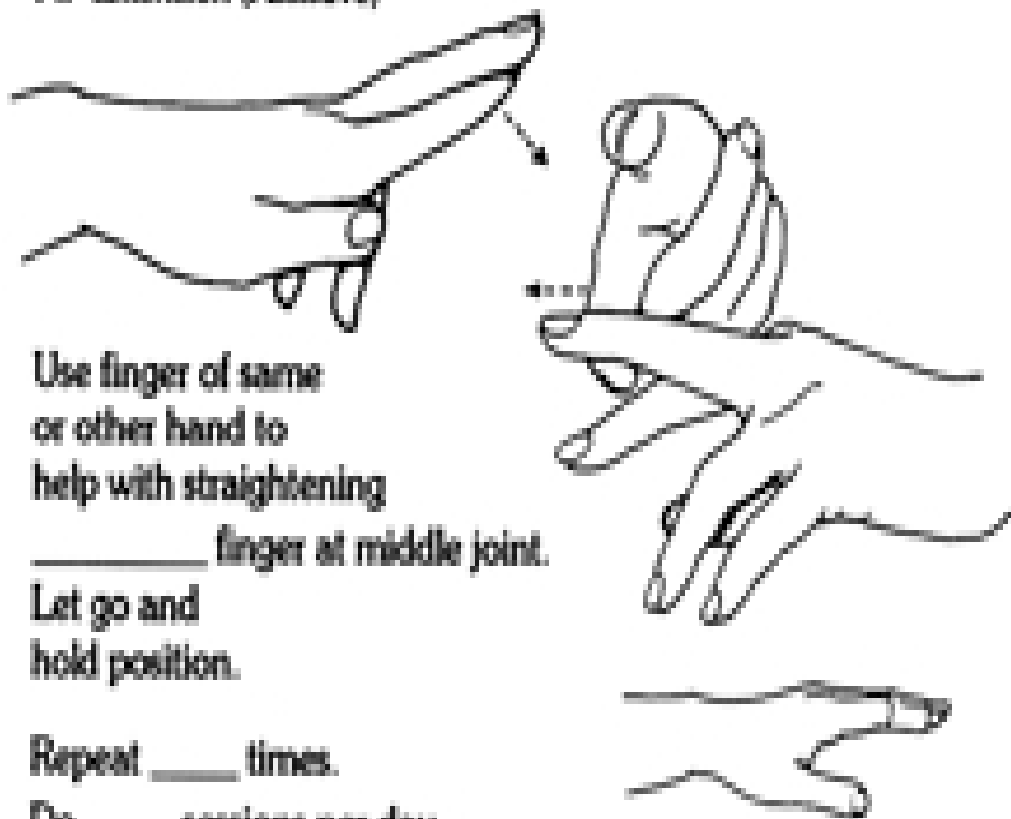


FINGER - 19

PIP Extension (Assistive)



Use finger of same
or other hand to
help with straightening
_____ finger at middle joint.

Let go and
hold position.

Repeat _____ times.

Do _____ sessions per day.

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*(Therapist may recommend finger be
taped or strapped to one next to it.)*