

I'm
So
happy
today

Be gentle
with yourself
Some things
are the best
you can
do

I CAN
&
I WILL

Each day
is a new
opportunity
to shine

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DO YOUR
BEST TO
ENJOY
YOUR DAY.

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do

YOU
ARE
LOVED

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You **NEED**
to do the
THING which
you **THINK**
you **cannot**

BE who
you **are**
SO **ALL**
THE **TIME**
BE **WHO**
YOU **ARE**

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