

Age-Appropriate Chores for Kids

These are suggested chores that you can use as a guide to help teach your children responsibility and build their independence. Each level adds to the previous age levels list.

2-3 Years Old

- Unload the dishwasher of kid dishes, tupperware, utensils, etc.
- Pick up their own toys and books
- Dress themselves
- Put dirty clothes in hamper
- Restock toilet paper to bathrooms

4-5 Years Old

- Brush teeth
- Load dishwasher, non-glass dishes
- Empty small trash cans
- Clear off the table of own dishes
- Make bed
- Put away folded clothes

6-7 Years Old

- Vacuum
- Set table
- Make basic meals
- Shower/Bathe themselves
- Fold and put away clothes
- Dusting
- Clean own room

8-10 Years Old

- Clean toilets
- Help with yard care
- Floss teeth
- Care for pets
- Water plants
- Clean Mirrors
- Own laundry

11-14 Years Old

- Make meals and meal plan
- Garbage/Recycling to curb
- Mop
- Clean Bathrooms
- Early job opportunities like neighborhood yard care, babysitting, paper route, etc.

15-18 Years Old

- Iron own clothes
- Clean kitchen
- Have a job in the community

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