

WHILE WE'RE OUT

Mom & Dad's Names: _____

Kids Names & Ages: _____

Phone #: _____

Address: _____

Mom's Cell #: _____

Dad's Cell #: _____

Emergency Contact: _____

Where we'll be: _____

When we'll be home: _____

FOOD: _____

Breakfast

Time: _____

Lunch

Time: _____

Dinner

Time: _____

Snacks

Time: _____

IMPORTANT NOTES: _____

IN CASE OF AN EMERGENCY:

POLICE: _____

FIRE: _____

DOCTOR: _____

DENTIST: _____