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FREE PRINTABLE GROCERY LIST

Grocery Checklist

Fruit	Deli	Snacks	Drinks	Toiletries
* Apples	* Meat	* Trail Mix	* Juice Boxes	* Shampoo
* Oranges	* _____	* Fruit Leather	* Juice	* Conditioner
* Pears	* _____	* Raisins	* _____	* Body Wash/Soap
* Bananas	* _____	* Granola Bars	* _____	* Lotion
* Grapefruit	* Cheese	* Popcorn	* Soda	* Hand Soap
* Kiwi	* _____	* Crackers	* _____	* Deodorant
* Grapes	* _____	* Cookies	* _____	* Toothpaste
* Strawberries	* _____	* Chips	* _____	* Toothbrushes
* Raspberries	* Dips	* Salsa	* _____	* Mouth Wash
* Blueberries	* _____	* Other	* _____	* Razors
* Lemons	* _____	* _____	Canned/Dry Items	* Feminine Products
* Limes	* Other	* _____	* Olives	* Band-Aids
* Other	* _____	* _____	* Beans	* Vitamins
* _____	* _____	Baking	* _____	* Other
* _____	* _____	* Flour	* Rice	* _____
* _____	* _____	* Sugar	* Pasta	* _____
* _____	* _____	* Powdered Sugar	* _____	* _____
* _____	* _____	* Brown Sugar	* Canned Tomatoes	* _____
* _____	* _____	* Salt	* Tomato Paste	* _____
Vegetables	Bakery	* Corn Meal	* Tuna	Other
* Lettuce	* Buns	* Corn Starch	* Soup	* _____
* Spinach	* Bagels	* Baking Soda	* Broth	* _____
* Cucumber	* Pita Bread	* Baking Powder	* Coconut Milk	* _____
* Tomatoes	* Tortillas	* Cocoa	* Tea	* _____
* Bell Peppers	* English Muffins	* Shortening	* Coffee Filters	* _____
* Carrots	* Muffins	* Yeast	* Coffee	* _____
* Celery	* Cookies	* Extracts	* Cereal	* _____
* Avocado	* Other	* _____	* Oatmeal	* _____
* Green beans	* _____	* _____	* _____	* _____
* Broccoli	* _____	* Other	Supplies	* _____
* Cauliflower	* _____	* _____	* Baggies	* _____
* Squash	* _____	* _____	* Dish Detergent	* _____
* Mushrooms	* _____	* _____	* Laundry Detergent	* _____
* Corn	* _____	* _____	* Plastic Wrap	* _____
* Potatoes	Meat	Spices/Condiments	* Foil	* _____
* Onions	* Chicken	* Salt	* Paper Towels	* _____
* Garlic	* Steak	* Pepper	* Tissues	* _____
* Shallots	* Ground Beef	* Herbs	* Toilet Paper	* _____
* Herbs	* Ground Turkey	* _____	* Wet Wipes	* _____
* _____	* Pork	* _____	* Other	* _____
* _____	* Sausage	* Spices	* _____	* _____
* Other	* Bacon	* _____	* _____	* _____
* _____	* Fish	* _____	Kids	* _____
* _____	* Shrimp	* _____	* Diapers	* _____
* _____	* Other	* _____	* Wipes	* _____
* _____	* _____	* Pesto	* Formula	* _____
* _____	* _____	* Olive Oil	* Diaper Cream	* _____
* _____	* _____	* Vegetable Oil	* Baby Wash	* _____
* _____	* _____	* Coconut Oil	* _____	* _____
* _____	* _____	* Vinegar	* _____	* _____
* _____	* _____	* Mayonnaise	* _____	* _____
* _____	* _____	* Ketchup	* _____	* _____
Dairy	Frozen Food	* Mustard	* _____	* _____
* Milk	* Veggies	* Dressings	* _____	* _____
* Creamer	* _____	* _____	* _____	* _____
* Cream Cheese	* Fruit	* _____	* _____	* _____
* Yogurt	* _____	* _____	* _____	* _____
* Sour Cream	* _____	* Pickles	* _____	* _____
* Cheese	* _____	* Jam	* _____	* _____
* _____	* _____	* Peanut Butter	* _____	* _____
* _____	* _____	* Honey	* _____	* _____
* Eggs	* Chicken Strips	* Agave	* _____	* _____
* Butter	* Fish Sticks	* Syrup	* _____	* _____
* Other	* Pizza	* Soy Sauce	* _____	* _____
* _____	* Ice Cream	* Teriyaki Sauce	* _____	* _____
* _____	* Other	* Other	* _____	* _____
* _____	* _____	* _____	* _____	* _____
* _____	* _____	* _____	* _____	* _____