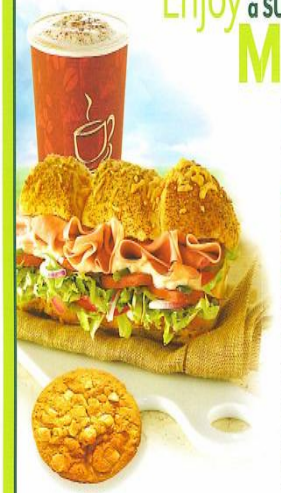
Enjoy a SUBWAY® sandwich Made the way you want it!



Breakfast

Served until 11.00am

	6 inch
Bacon	£1.00
Bacon & Egg	£1.50
Sausage & Bacon	£1.50
Sausage & Egg	£1.50
Breakfast Mega Sub bacon, sausage & egg	£2.00

Drinks

Choose from our wide range

Soft Drinks	Bottled Drinks
Coffee	Bottled Water & Juices
Hot Chocolate	Tea

Cookies, Muffins & Crisps

Cookies	50p (each)	£1.00 (for 3) £3.50 (for 12)
Muffin		from £1.00
Donut	from 70p (each)	£1.50 (for 3)
Danish		from £1.00
Crisps		from 50p

Prices and menu selection may vary at some SUBWAY® stores. *Reformed meat for Ham, Turkey and Steak products. †Steak & Cheese made with shaved steak strips. "CocaCola" and "Diet Coke" are registered trade marks of The Coca-Cola Company.

4" Sub, Drink, Cookie & Toy £2.50

Sandwiches

	6-inch	FRESH VALUE MEAL™
Turkey Breast*	£2.40	£3.70
Turkey Breast & Ham*	£2.60	£3.90
Chicken Breast	£3.20	£4.50
Sweet Onion Chicken Teriyaki	£3.20	£4.50
Ham*	£2.40	£3.70
Beef	£2.80	£4.10
SUBWAY CLUB™*	£3.00	£4.30
BLT	£2.50	£3.80
Meatball Marinara	£2.80	£4.10
BBQ Rib	£2.90	£4.20
ITALIAN B.M.T.™*	£3.00	£4.30
Spicy Italian	£3.00	£4.30
SUBWAY MELT™*	£3.00	£4.30
Steak & Cheese*†	£3.20	£4.50
Chicken Tikka/Fajita/Sweet Chilli	£3.20	£4.50
Chicken Pizziola	£3.50	£4.80
Chicken & Bacon Ranch	£3.50	£4.80

Seafood & Vegetarian

VEGGIE DELITE™	£2.00	£3.30
Tuna	£2.60	£3.90
SUBWAY SEAFOOD SENSATION™	£3.00	£4.30
Veggie Patty	£3.00	£4.30

Add any of our FREE toppings & choose a great tasting sauce.

Make any Sub a Footlong! Add £1.80.

Want it toasted?

All Subs can also be toasted.

Wraps

Turkey Breast & Ham*	£2.60
Turkey Breast & Bacon Melt*	£3.00
Chicken & Bacon Ranch	£3.50

You can make any Sub a Wrap for no extra charge.

Salads

VEGGIE DELITE™	£2.40
Tuna	£3.00
SUBWAY CLUB™	£3.40
Chicken	£3.60

Make any 6" Sub a Salad! Add 60p.

Extras	6-inch	Footlong
Bacon	50p	£1.00
Double Meat	£1.00	£2.00
Cheese	20p	40p

DRINK SUB FRESH VALUE MEAL CRISPS ADD £1.30

Make it a FRESH VALUE MEAL™ for an extra £1.30

Includes regular 6-inch or regular Footlong Sub, Medium Drink & Crisps or Cookie. You can make any Sub a FRESH VALUE MEAL™.

6 grams of fat or less*

Check out our range of SUBWAY® sandwiches that each contain less than 6 grams of fat and less than 370 calories, making them the perfect choice for customers who are watching their waistline or want low-fat food that doesn't compromise on taste.

NB. If you add extra ingredients such as cheese or dressing, the nutritional value of your meal will alter.

Regular 6-inch Sub without cheese or non low-fat condiments such as mayonnaise on white or wheat bread. SUBWAY® stores & Sub sandwiches with 6 grams of fat or less include the regular 6-inch SUBWAY CLUB™ (6.2g of fat), Chicken Breast (4.4g), Ham (3.8g), Beef (3.8g), Turkey Breast & Ham* (3.8g), Turkey Breast* (2.2g). Customer requests to modify standard sandwich recipes or add cheese or condiments may increase fat or calorie content.

Part of your 5 a day fruit and vegetable portions.

...and this is how you order the perfect sandwich

1. Choose your delicious filling

2. Make it a Footlong (30cm) Sub or choose a 6-inch (15cm)

3. Pick the bread of your choice

Honey Oat, Italian, Hearty Italian, Wheat, Italian Herb & Cheese

4. Add to the flavour by ordering Double Meat, Bacon or Double Cheese

For an extra charge

5. Add any of these FREE salad toppings

Lettuce, Tomato, Cucumber, Pickle, Green Pepper, Red Onion, Black Olives, Jalapenos, Sweetcorn or Carrot Strips.

6. Choose a great tasting sauce

Chipotle Southwest, Honey Mustard, Sweet Onion, BBQ, Light Mayo, Carb Conscious Ranch, Chilli, Thousand Island, Tomato Ketchup, Brown Sauce or Grain Mustard.

Add £1.30 to make your sandwich a FRESH VALUE MEAL™

Includes a medium drink & crisps or a cookie with your sandwich.

Call in & enjoy a SUBWAY® sandwich made fresh right in front of you

Any Footlong Just £4

For your nearest SUBWAY® store check out

www.subway.co.uk

Business Catering & Private Parties

Having a Business Lunch or Party? Simply bring your order into the store or contact us by phone or fax and its delivered to your door, including the 6 foot** party Sub which serves up to 24 people.

Sandwich Platter from £2.99 per person

(minimum order applies)

**Length is an approximation. Actual length may vary.

SUBWAY™ eat fresh.

www.subway.co.uk

Prices and menu selection may vary at some SUBWAY stores. "CocaCola" and "Diet Coke" are registered trade marks of The Coca-Cola Company. Brand varieties subject to availability. Some items may contain nuts. Prices are correct at time of going to print - Jan 2006, and are subject to change without prior notice. © 2006 Doctor's Associates Inc. SUBWAY® is a registered trademark of Doctor's Associates Inc.