



Packing List Family Road Trip

Before You Go

- fill gas tank
- check oil
- tire pressure
- windshield fluid
- car registration up-to-date
- car insurance up-to-date
- recharge cell phone
- recharge bluetooth headset

Driver/Navigator

- driving directions + map/GPS
- change for tollbooths
- sunglasses
- hat/visor

* also see list for parent's carry-on

Cooler/Picnic Bag

- water/drinks
- portioned snacks in Ziplocs
- napkins
- extra Ziplocs
- garbage bag for waste

Entertainment

- printable travel games
 - DVD player + DVDs
 - CD player + audio books
 - headphones
- * also see lists for kids' carry-ons

Health & Safety

- glasses/contact lenses/supplies
- adult pain reliever
- children's pain reliever
- motion sickness remedy/bags
- allergy meds
- basic first-aid kit

Rest Stop Fun

- jump rope
- frisbee
- baseball gloves + ball
- sidewalk chalk

Baby/Toddler

- diapers/wipes/changing pad
- food/formula/snacks/drinks
- baby bottles/sippy cups
- bibs/spoons
- 1 extra onesie/t-shirt
- 1 extra baby outfit
- 1 extra t-shirt for you
- car activities/books for baby

Handy Take-Alongs

- extra gallon-size Ziploc bags
- container of disposable wipes
- kitchen-size garbage bags
- carabiners (spring-clip rings)