


# healthy blueberry pancakes



275ml milk  
2 medium eggs  
55g wholemeal flour  
55g plain flour  
150g blueberries  
vegetable oil  
maple syrup

1. Whisk together the milk & egg.
2. Gradually add in the flours until you have a smooth batter (don't over whisk).
3. Stir in the blueberries.
4. Heat the oil in a frying pan.
5. Add a ladle full of pancake mixture to the pan and cook 2-3 mins.
6. Flip the pancake (if you dare) and cook for the same amount of time on the other side.
7. Do the same with the remaining batter, then drizzle your pancakes with syrup and enjoy!