

Today I feel _____ Date _____

Today's Agenda	

Doodle a Day

Breakfast: _____

Lunch: _____

Dinner: _____

Snack: _____

Water: _____

Daily Dozen

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____

Gotta Do This:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Toot Toot! Today I

