



daily

{30 min.}

do the dishes
take out the trash
wipe down stove &
countertop
pick up & put away
wipe bathroom sinks and
mirrors
make bed
vacuum {as needed}
laundry

monday

{30 min.}

KITCHEN & DINING ROOM
sweep and mop/ clean
baseboards/ wipe down
walls, doors, etc./ wipe
down cabinet doors/
organize cabinets/ clean
out fridge/ clean out
pantry/ clean oven &
microwave/ dust ledges/
dust blinds/ clear
cobwebs/ wash windows

tuesday

{30 min.}

LIVING ROOM
sweep and mop/ clean
baseboards/ wipe down walls,
doors, etc./ dust/ vacuum
out furniture/ dust ceiling
fan/ dust blinds/ remove
cobwebs/ dust ledge/ wash
windows/ vacuum curtains/
organize desk/ clean out
newspaper and magazine
baskets

wednesday

{30 min.}

MASTER BED & BATHROOM
dust furniture and moulding/
wipe down walls, doors,
etc./ vacuum floor/ clean
baseboards/ change sheets
and towels/ dust ceiling
fan/ hang up clothes/ clean
toilet, shower, tub and
vanity/ organize vanity/
vacuum curtains

thursday

{30 min.}

KIDS BATHROOM
clean toilet, vanity, and
tub/ clean floor/ clean
baseboards/ wipe down wall,
door, etc./ wash rugs and
towels/ gather laundry/
remove junk

friday

{30 min.}

GUEST BATHROOM
clean toilet and vanity/
clean floors/ clean
baseboards/ steam clean
grout/ take out trash/ wipe
down walls, doors, etc./
clean out medicine cabinet/
wash rugs and hand towels

weekend

family time!