



# WEEKLY PLANNER for moms

## My Plans for the Week

Monday

Tuesday

Wednesday

W

hen you are  
a mother, you are never re-  
ally alone in your thoughts.  
A mother always has to  
think twice, once for herself  
and once for her child.

SOPHIA LAUREN

Monday

Tuesday

Wednesday

KEEP  
CALM  
and  
mommy  
ON

Saturday

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