

HOUSE CLEANING

KITCHEN

- Throw away spoiled food
- Wipe down countertops, stove, an hood
- Scrub the sink and faucet
- Wipe the small and large appliances
- Wipe grease and splatter from cabinets
- Wash dishcloths and towels
- Vacuum and mop the floor
- Vacuum area rugs and wipe anti-fatigue mats

BATHROOMS

- Scrub the sink, tub and toilet
- Wipe the vanity counter and clean the mirrors
- Wipe the glass shower doors
- Wash soap dish and toothbrush holder
- Clear long hairs from the drain
- Vacuum and mop the floor
- Replenish the supplies
- Shake out the bath mats
- Empty the trash

BEDROOMS

- Declutter
- Dust the furniture
- Wash the sheets
- Wipe smudges from furniture & mirrors
- Vacuum the floor
- Empty the trash

LIVING/FAMILY ROOM

- Declutter
- Dust all hard surfaces
- Brush off couch cushions
- Vacuum soft furniture
- Vacuum the floor

DINING ROOM

- Declutter
- Dust all hard surfaces
- Wipe the dining room table & chairs
- Vacuum upholstered chairs
- Vacuum the floor

GARAGE

- Knockdown cobwebs
- Sweep the floors

BASEMENT

- Declutter
- Wipe hard surfaces
- Vacuum soft surfaces and the floor

THROUGHOUT THE HOUSE

- Vacuum entryway, hallway, and stairs
- Dust doors, door frames, window sills
- Declutter

OFFICE ROOM

- Dust office surfaces
- File or toss loose mail/paperwork
- Clean windows
- Sweep/mop hard floors
- Vacuum carpet/area rugs

LAUNDRY /

UTILITY ROOM

- Clean washer and dryer exteriors
- Clean inside rim of washer
- Change/clean lint traps
- Dust light fixtures and bulbs
- Empty washbasket
- Sweep and mop floor
- Clean laundry sink and fixtures
- Clean laundry counter/hamper