

Monday ~ Ruled by the Moon. Spells involving emotions, the subconscious, domestic issues and feminine issues. Also, a good day for psychic pursuits and dream work.

Tuesday ~ Ruled by Mars. Spells for self-assertion, more energy, and courage. Victory and passion are also indicated, as well as masculine goals in general.

Wednesday ~ Ruled by Mercury. Spells involving mental issues, communication, education and self expression. Also as day for consulting oracles (tarot, runes), planning magical work, and writing.

Thursday ~ Ruled by Jupiter. Spells for prosperity and money, luck and business. Also a day for political power, influencing people in high places, law and courts.

Friday ~ Ruled by Venus. Spells for love, friendship, beauty, sensuality, healing, peace and harmony. Also, a good day for spells for artistic ability and creativity generally.

Saturday \sim Ruled by Saturn. Spells to overcome obstacles, neutralizing harmful energy, binding and banishing. A day for protecting by blocking or pushing away negative forces.

Sunday ~ Ruled by the Sun. Spells of many kinds may be done on Sunday, the Sun giving energy to them all, but best for healing and success. Spells for physical strength, obtaining goals, illumination, and initiating any magickal activity.