ECOD TOURNAL	DATE:								
FOOD JOURNAL	DAY:	м	т	w	т	F	S	S	
BREAKFAST:	7711		W	ORKO	OUTS				
CALORIES:									
LUNCH:	STEPC	OUNT	:						
	CALOR	RIES:							
	BURNT	Г:							
CALORIES:	WATER INTAKE								1
DINNER:									
									ł
				МОО	D				ł
CALORIES:									ŀ
SNACKS:									
				ноті	ES				1
CALORIES:									
		, , , , ,							_