Fare Mem Ideas



Breakfast

sticks with syrup & milk muffins with applesauce & milk

Waffles with bananas & milk

Cold cereal with fruit cocktail & milk

Pancakes with peaches & milk

Friday

Morning Snack

Graham crackers with fresh bananas & water

Oatmeal with fresh fruit & water

Yogurt with blueberries. strawberries & water

Breakfast cookies with sunbutter & water

Muffin with yogurt & water

Lunch

Mac & cheese with apples, beans & milk

Tater tot casserole with corn, peaches & milk

Sunbutter sandwiches with apples, oranges & milk

Corn dogs with baked beans. peaches & milk

Chicken nuggets with peas, fruit cocktail & milk

Afternoon Snack

Goldfish crackers with fresh fruit & water

Saltine crackers with string cheese & water Animal crackers with apples & water

Pretzels with string cheese & water

Hummus with mini pitas & water