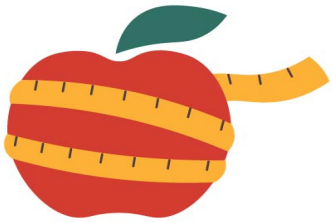
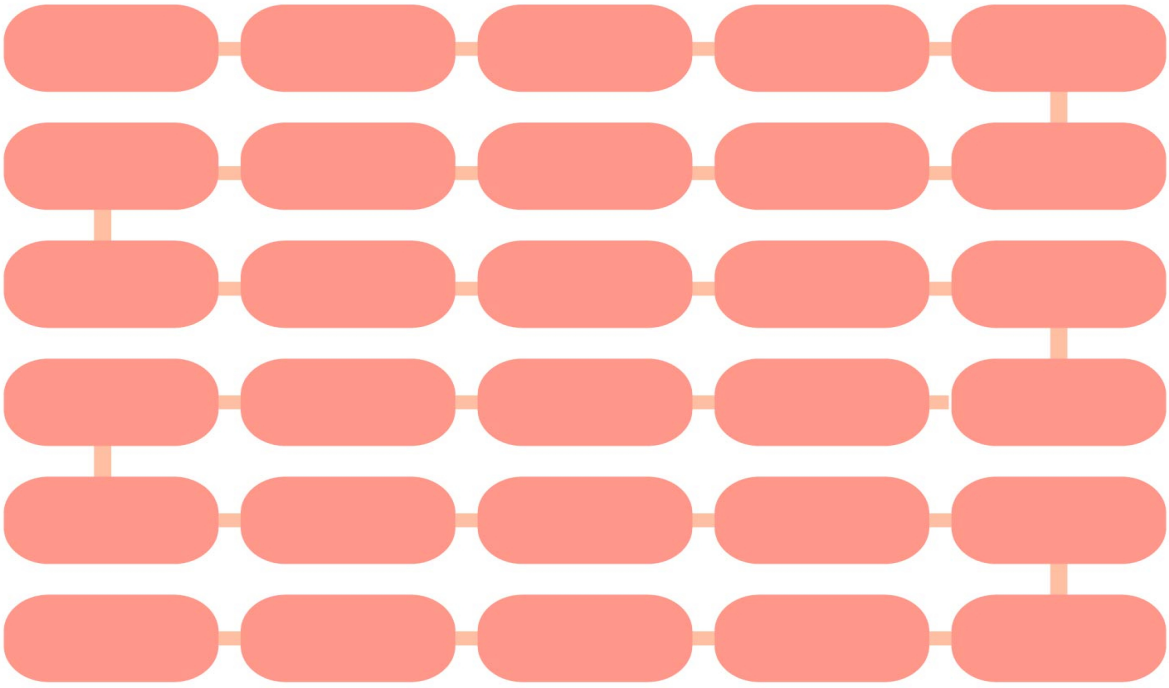
Weight-Loss TRACKER



Starting Weight	
Goal Weight	
Start Date	
Goal Date