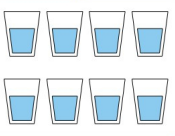
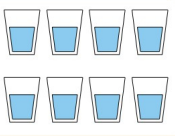
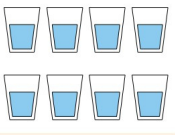
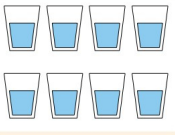
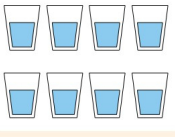

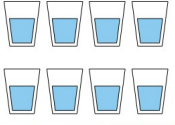


Food And Exercise Log

WEEK OF: _____

	BREAKFAST	LUNCH	DINNER	SNACKS	WATER	EXERCISE TRACKER
MONDAY						<input type="text"/> M T W T F S S
TUESDAY						<input type="text"/> M T W T F S S
WEDNESDAY						<input type="text"/> M T W T F S S
THURSDAY						<input type="text"/> M T W T F S S
FRIDAY						<input type="text"/> M T W T F S S
SATURDAY						<input type="text"/> M T W T F S S
SUNDAY						<input type="text"/> M T W T F S S