

Feeling List Chart



Angry

Annoyed

Furious

Hostile

Frustrated

Mad

Out of Control

Distant



Confident

Brave

Excited

Curious

Interested

Engaged

Exploring

Energetic



Happy

Playful

Radiant

Cheerful

Inspired

Calm

Content

Loving



Anxious

Worried

Stressed

Fearful

Edgy

Tired

Scared

Overwhelmed



Sad

Hurt

Lonely

Guilty

Confused

Cranky

Embarrassed

Bored