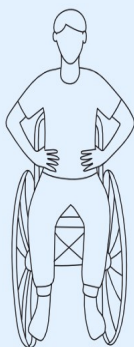
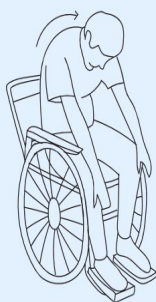


Yoga Exercises using Wheelchair

UJJAYI BREATH



CAT/COW



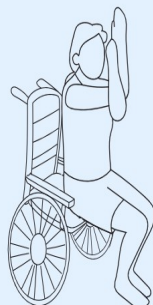
CIRCLES



SUN SALUTATION ARMS



EAGLE ARMS



ASSISTED NECK STRETCHES

