Cleaning Schedule

	DAILY		WEEKLY		MONTHLY		QUARTERLY
	☐ Make Beds ☐ Dishes/dishwasher ☐ Tidy Up ☐ Laundry ☐ Sweep/vacuum ☐ Sort mail ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐		Vacuum Wash floors Clean glass/mirrors Dust Wash sheets Wash towels Wipe microwave Wipe fridge Empty garbage		Disinfect garbages Dust lights Vacuum couches Crub bathroom grout Vipe light switches Dust baseboards	000000000	Flip mattresses Wash pillows Vacuum mattresses Clean oven Clean out fridge Clean blinds
	Zing CLEANING	hε	Master C		aning Lis		Bathrooms
	Dust light fixtures		Clean blinds		Dust furniture		Empty cabinets, wash inside
	Wash walls and trim		Clean out cabinets/drawers		Dust light fixtures and ceiling fans		
	Wash doors, knobs		Wipe cabinet doors		Dust art		Cicaii batiitab
	and switch plates Wash bench/other		Clean and organize pantry		Wash bedding, bed skirts, and curtains		
_	furniture		Declutter		Wash pillows and	_	drain
	Empty coat closet (sort and donate		Clean oven		duvets		
	unneeded stuff)		Clean stovetop Clean/organize		Move bed, clean under it		
	Clean or replace		fridge and freezer		Clean windows and		Wash walls, trim,
	entry mat Sweep and wash		Clean under appliances		window sills		doors, door knobs and switch plates
	floors		Vacuum fridge coils	_	Wash walls, doors, door knobs, trim and		Wash floors
Li	ving Room		Clean microwave Clean toaster		switch plates		
_	Vacuum couches		Wipe counter		Vacuum floors Declutter		
	Wash throws and		appliances		Wash window		
_	pillows Dust furniture,		Wash counters and backsplash		screens		
	shelves and decor		Wash windows				
	Wash windows		Wash walls, trim, doors, door knobs and			a	
_	Clean electronics Declutter		switch plates				
	Wash walls, trim, doors, door knobs and switch plates		Wash floors				
	Wash floors					1	AH W