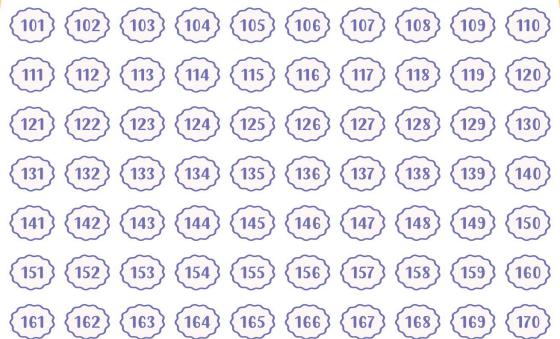
## My weight loss charf



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When you feel like giving up, remember why you started.