

Personal Medication List

Prescription Medications	Purpose or Reason Taken	Dose	Time(s) of Day	Form (Liquid,capsule, tablet)	Special Instructions
Over-the-Counter Medications	Purpose or Reason Taken	Dose	Time(s) of Day	Form (Liquid,capsule, tablet)	Special Instructions

Health Problems _____
 Primary Doctor _____ Doctor's Phone _____
 Local Pharmacy _____ Pharmacy Phone _____
 Drug Allergies _____ Your Phone _____
 Your Name _____ Date _____