START
1. Clap your hands.
2. Stamp your feet.
3. Click (or snap) your fingers.
4. Shrug your shoulders.
5. Nod your head.
6. Shake your head.
7. Count from 10 to 1 backwards.
8. Count from 20 to 10 backwards.
9. Say the ABC from F to A backwards.
10. Walk around the table.
11. Whistle 'Happy Birthday'.
12. Sing 'Happy Birthday'.
13. Dance for 5 seconds.
14. Draw your favourite food on the board.
15. Write your favourite drink on the board.
16. Shake hands with two people.
17. High-five with two friends.
18. Do a double high-five with someone.
19. Touch your toes.
20. Stand up and turn around.
21. Point to the smartest student.
22. Look at the ceiling.
23. Yawn.
24. Smile.
25. Laugh.
26. Wave your hand.
27. Pump your fist.
28. Scratch your head.
29. Change places with someone.
30. Cross your legs.
31. Fold your arms.
32. Jump up and down for 10 seconds.
33. Sneeze.
34. Cough.
35. Sing the name of your town.
36. Hum 'My favourite subject is ...'.
37. Moo.
38. Bark.
39. Whinny.
40. Oink (or grunt).
41. Meow.
42. Baa (or bleat)
43. Quack.
44. Cluck.
45. Whisper your name.
46. Shout your name.
47. Blow your nose.
48. Hop around the table.
FINISH