



# SAMPLE DAYCARE MENU



	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Toasted English Muffin Milk	Fresh Fruit Cheese Water	<u>Apple Raisin Square</u> Milk	<u>Banana Berry Shake</u>	Canned Fruit Yogurt Water
Lunch	<u>Orange Chicken</u> Green Beans Brown Rice Milk	<u>Spaghetti &amp; Meat Sauce</u> Milk	<u>Shepherd's Pie</u> roll Milk	<u>Tuna Noodle Casserole</u> Mixed Vegetables Milk	<u>Lentil Soup</u> Roll Milk
Snack	Whole wheat soda crackers Cheese cubes Water	½ Egg Salad Sandwich Milk	Fruit Yogurt Water	Banana Date Muffin Fruit Water	Cold Cereal with Milk