

Oven Temperature Conversion Tables

This PDF features a selection of tables to convert between Centigrade, Fahrenheit and Gas Mark (Regulo).

Find the temperature you want to convert in the left hand column of one of these tables, then follow the row across and it will tell you the equivalent oven temperature in different units.

If using a fan oven, drop the temperature by 20°C, see the example in the bottom table.

Centigrade (°C)	Gas Mark	Fahrenheit (°F)
110	0.3	230
120	0.5	248
130	0.8	266
140	1.4	284
150	2.1	302
160	2.8	320
170	3.5	338
180	4.2	356
190	5	374
200	5.7	392
210	6.4	410
220	7.1	428
230	7.8	446
240	8.6	464
250	9.3	482

Fahrenheit (°F)	Centigrade (°C)	Gas Mark
220	104	0.24
230	110	0.3
240	116	0.4
250	121	0.5
260	127	0.7
270	132	0.9
280	138	1.2
290	143	1.6
300	149	2
310	154	2.4
320	160	2.8
330	166	3.2
340	171	3.6
350	177	4
360	182	4.4
370	188	4.8
380	193	5.2
390	199	5.6
400	204	6
410	210	6.4
420	216	6.8
430	221	7.2
440	227	7.6
450	232	8
460	238	8.4
470	243	8.8
480	249	9.2

Gas Mark	Fahrenheit (°F)	Centigrade (°C)	Fan Oven (-20°C)
¼	225	107	87
½	250	121	101
1	275	135	115
2	300	149	129
3	325	163	143
4	350	177	157
5	375	191	171
6	400	204	184
7	425	218	198
8	450	232	212
9	475	246	226