

Footprints in the Sand

One night I dreamed
I was walking along
the beach with the Lord. Many scenes
from my life flashed across the sky.
In each scene I noticed footprints in the sand.
Sometimes there were two sets of footprints,
other times there were one set of footprints.

This bothered me because I noticed
that during the low periods of my life,
when I was suffering from
anguish, sorrow or defeat,
I could see only one set of footprints.

So I said to the Lord,
“You promised me Lord,
that if I followed you,
you would walk with me always.
But I have noticed that during the most
trying periods of my life there have only been
one set of footprints in the sand.
Why, when I needed you most,
you have not been there for me?”

The Lord replied,
“The times when you have seen
only one set of footprints in the sand,
is when I carried you.”

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