

Instructions:

Floor: Basic Values

Roof: People or things that protect you

Walls: People or things that support you

Door: Things you keep hidden from others

Chimney: Ways you blow off steam

Billboard: Things you are proud of and want others to see.

Levels:

1: Behaviors you want to change or
gain control over

2: Emotions you want to experience
more or in a healthy way

3: Things you are happy about or want
to feel happy about

4: What is a life worth living?

